

Parco del Melograno

Descrizione

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Una nuova area fitness all'aperto

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[vc_column_text]Grazie all'iniziativa del [Comune di Quattro Castella](#) nell'estate 2021 è stata inaugurata una nuovissima area fitness all'aperto presso lo spettacolare scenario del Parco del Melograno di Quattro Castella. Gli attrezzi realizzati da [Kompan](#) sono a disposizione di tutti i cittadini che si vogliono tenere in forma in mezzo alla natura.[/vc_column_text][vc_empty_space][vc_column][vc_column width="1/2?"][vc_empty_space][vc_single_image image="4122? img_size="medium" alignment="center"][vc_empty_space][/vc_column][vc_row][vc_row enable_grid_lines=""][vc_column][vc_column_text]



















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I nostri video tutorial

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[/vc_column_text] Questa pagina raccoglie una serie di video tutorial realizzati dal nostro Staff Fit4MoveClub che illustrano le modalità più corrette nell'utilizzo dei diversi attrezzi.

Buona visione e... stay fit! [/vc_column_text][vc_column][vc_row][vc_row

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Un ringraziamento al Comune di Quattro Castella per questa importante iniziativa.

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